



# **Driving Instructor Structured Lesson Planner #3**

3. Moving off and Stopping Learner can move the vehicle from and return to the kerb including uphill

Student Details Name		Instructor Details  Driving School  Name			
					Address
		Rego		Auto Manual	
Lic#	Expiry /	/	Start T	ime	Finish Time
Ph#	DOB /	1	Date		
1. Have you done any driv	ing?: Y N	2. With v	who?	Parent F	Friend Driving School
3. How many hours driving? 4. Vehice			tle type? Manual 🗌 Auto 🗌 Own 🗌		
Pre Preparation					
Learner driver needs: (To be	e completed by supervis	sing driver and	l learner driver	to determine lesson co	ontent. All * areas to be completed)
*					
Lesson Preparation					
Resources required:  Learner driver log b  M.I.M.S.S technique				20 - 27	
Planned location/s for sess  • Start with the vehi		ıg, level, qı	iiet traffic	area preferably	free of parked vehicles.
<ul> <li>Low level traffic ar</li> </ul>	ea with kerbside g	guttering.			
<ul> <li>Moderately sloped</li> </ul>	low traffic street	with ample	e room to n	ove forward with	hout disrupting traffic.
Revision (Recap of previous	tania if annliaghla)				Commented times (F minutes)
		aals thaaa	aucationa	hafara tha lagan	Suggested time: (5 minutes)
Confirm what the learner a Q. Explain how, when and w	_		-		
Q. How and when do you ap	, ,				
Q What is the clutch used	for in manual vehi	cles?	,	-	

Introduction Suggested time: (5 minutes)

## Learning goals to be covered during the lesson:

- Explain and demonstrate starting and stopping the vehicle without moving out into traffic.
- Explain and demonstrate how to move away from and return to the kerb safely and efficiently without hitting the kerb or causing a danger to yourself or other road users.
- Demonstrate how to move away from a kerb on an incline without roll back or causing undue vehicle stress.

**Main Body** Suggested time: (45 minutes)

#### Reasons for learning:

- Moving off and stopping is obviously essential to driving especially in kerbside situations.
- Learning to safely and smoothly get the vehicle to moving off and stopping inspires confidence and frees your mind to concentrate on critical decision making.
- Be able to leave the kerb on an incline without rolling back to avoid contact with vehicles or pedestrians

#### By the end of the lesson the learner will be able to:

- Demonstrate safe and smooth moving off and stopping in an automatic and/or manual vehicle.
- Demonstrate a sequence to use in preparation for the move off including how and when to use the clutch, the friction point and the delicate "out and hold" technique.
- Demonstrate use of the M.I.M.S.S procedure to assist in the safe departure or return from the kerb.
- Start the engine and move forward and then stop the vehicle and shut down the engine on a level road smoothly and without stalling the engine.
- Systematically check for traffic, move the vehicle forward, leave the kerb and then return to the kerb legally and smoothly without interfering with the free flow of traffic.

### Instructor Discussion and Demonstration with commentary:

- Discuss and demonstrate the start and stop procedure in the vehicle.
- Discuss and demonstrate when the handbrake needs to be used for a smooth hill start.
- Drive and demonstrate the 7 point start procedure for moving off, highlighting the clutch friction point in a Manual vehicle. and smooth throttle control in an automatic.
- Discuss and demonstrate 5 point stop procedure, instruction provided during the lesson.

#### How student can apply knowledge and skills in a range of appropriate contexts and situations:

- Able to demonstrate safe and smooth moving off and stopping procedures in automatic or manual vehicle.
- Student to perform kerbside stop using stop-start technique on moderate incline.
- Practice, with feedback, all demonstrated techniques until the required competency standard is achieved.

Recap Learning Goals	Suggested time: (5 minutes)
Lesson Summary:	
<ul> <li>Knowing how to correctly start and stop your vehicle using a practical sequence smooth transition from the stationary position into moving traffic.</li> <li>Correct use of the clutch, brake and accelerator will allow smooth driving, which merge into a traffic situation. The correct use of controls will also create driving the M.I.M.S.S procedure to move away from the kerb will promote safe.</li> </ul>	ch will give you confidence to er and passenger comfort.
Identify Student Strengths:	
Identify areas for further development: *	
Link to the Learner driver log book learning goals for next lesson:	
My areas for further development have been explained to me.	

Learner Signature	Instructor Signature	
Date / /	Date / /	

