

## Driving Instructor Structured Lesson Planner #4

### 4. Steering *Learner knows how to use a smooth, effective method of steering.*

#### Student Details

Name	
Address	
Lic#	Expiry / /
Ph#	DOB / /

#### Instructor Details

Driving School	
Name	
Lic#	Instr#
Rego	Auto <input type="checkbox"/> Manual <input type="checkbox"/>
Start Time	Finish Time
Date	

1. Have you done any driving?: Y N	2. With who? Parent <input type="checkbox"/> Friend <input type="checkbox"/> Driving School <input type="checkbox"/>
3. How many hours driving?	4. Vehicle type? Manual <input type="checkbox"/> Auto <input type="checkbox"/> Own <input type="checkbox"/>

Pre Preparation
<b>Learner driver needs:</b> <i>(To be completed by supervising driver and learner driver to determine lesson content. All * areas to be completed)</i>
*

Lesson Preparation
<b>Resources required:</b> <i>Learner driver log book p.17, A guide to the driving test (pp 26 - 27), Driving School Teaching Aids</i>
<b>Planned location/s for session:</b> <i>Quiet low-level area with short intersecting streets (grid pattern)</i>

Revision <i>(Recap of previous topic, if applicable)</i>	Suggested time: (5 minutes)
<b>Confirms what the learner must already know and do before attempting the lesson:</b>	
Q. <i>What is the position of your hands on the steering wheel when going straight ahead?</i>	
Q. <i>When would you use pull/push steering?</i>	
Q. <i>When would you use hand over hand steering?</i>	

Introduction	Suggested time: (5 minutes)
<b>Learning goals to be covered during the lesson:</b>	
<ul style="list-style-type: none"> <li><i>Learn the correct smooth and effective method of steering for driver comfort and safety.</i></li> <li><i>Learn how to steer the vehicle using either hand over hand or pull/push techniques.</i></li> </ul>	

<b>Main Body</b>	Suggested time: (45 minutes)
<p><b>Reasons for learning:</b>  <b>The pull/push method of steering is preferred having two hands on the wheel at all times.</b></p> <ul style="list-style-type: none"> <li>• Using pull push during normal driving will be a benefit as your hands will never cross over.</li> <li>• This is extremely important as most new vehicles are fitted with airbag technology. If your hands were to be crossed over on the steering wheel during a crash or another incident that may cause the deployment of the air bag, you could sustain serious injury to your arms and face.</li> <li>• The <b>hand over hand</b> method will also be explained as useful in tight areas where manoeuvres are required.</li> </ul>	
<p><b>By the end of the lesson the learner will be able to:</b></p> <ul style="list-style-type: none"> <li>• Turn left, right or diverge using either hand over hand or pull push steering techniques</li> <li>• Know how to avoid oversteering or understeering.</li> </ul>	
<p><b>Instructor to discuss and demonstrate:</b></p> <ul style="list-style-type: none"> <li>• Explain and demonstrate 7 points of <b>Pull/Push</b> steering techniques.</li> <li>• Explain and demonstrate 8 points of <b>Hand over Hand</b> steering techniques.</li> <li>• Use Driving School Teaching Aids and Diagrams to assist with explanation.</li> <li>• Position of hands when steering straight ahead for both steering methods</li> <li>• 10 to 2 or <math>\frac{1}{4}</math> to 3 - both hands around outside of wheel - thumbs on rim</li> <li>• <math>\frac{1}{4}</math> to 3 (9 &amp; 3) is recommended due to air-bags being fitted in modern vehicles</li> </ul>	
<p><b>How student can apply knowledge and skills in a range of appropriate contexts and situations:</b>  <i>(Instructor tip: Maximise student practice time)</i></p> <ul style="list-style-type: none"> <li>• Student to explain the <b>Hand over Hand</b> method of steering then give a practical demonstration.</li> <li>• Student to demonstrate whilst stationary then demonstrate on a short commentary drive.</li> <li>• Student to explain the <b>Pull/Push</b> method of steering then give a practical demonstration.</li> <li>• Student to demonstrate whilst stationary then demonstrate on a short commentary drive.</li> </ul>	

<b>Recap Learning Goals</b>	Suggested time: (5 minutes)
<p><b>Lesson Summary:</b> <i>Correct steering is essential for safe smooth driving. Pull/Push steering can be used for all turns and manoeuvres. Hand over hand steering is an effective method for manoeuvres and tight turns. The correct hand position will improve your control of the vehicle and will reduce fatigue.</i></p>	
<p><b>Identify Student Strengths:</b> *</p>	
<p><b>Identify areas for further development:</b> *</p>	
<p><b>Link to the Learner driver log book learning goals for next lesson:</b> *</p>	

**My areas for further development have been explained to me.**

<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="padding: 5px;"><b>Learner Signature</b></td> </tr> <tr> <td style="padding: 5px;">Date    /    /</td> </tr> </table>	<b>Learner Signature</b>	Date    /    /	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="padding: 5px;"><b>Instructor Signature</b></td> </tr> <tr> <td style="padding: 5px;">Date    /    /</td> </tr> </table>	<b>Instructor Signature</b>	Date    /    /
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**Instructors must retain prepared lesson plans for audit purposes by NSW Government.**